



FIREFLY SUMMER CAMP – PARENT GUIDE

Hello Firefly Families,

Welcome to the 2023 Summer Camp! Since our program has quickly become one of the most popular summer camps in the area, we moved to a new location where we will have even more space and even more wonderful activities planned for our campers. Our new campus at the Hopewell Tennis and Swim Center has 12 tennis courts (6 indoors and 6 outdoors), a wonderful Olympic sized pool with multiple lifeguards on duty, a kiddie pool, two indoor fitness rooms, and multiple outdoor sports fields.

Our camper to instructor ratio continues to be the best in the area at 6:1 or better. The entire staff is trained on basic principles of emergency first aid, proper hand washing and sanitizing practices, and proper use of PPE. Safety is always our top priority and we will continue to follow all CDC and local guidelines.

We created an incredible program based on friendship, supervised freedom, and fun. Campers will discover new interests, learn new skills, and play in safe, healthy, and stimulating atmosphere. While every day will have the same overall structure, children will be able to choose what they want to do and spend more time doing more of what they love. Their choices will be guided by the camp counselors who will make sure that each group will experience as many different activities as possible by the end of each week. With so many options to choose from, our camp has something for every child.

FLEXIBLE SCHEDULE OPTION: The regular camp schedule offers a 50-50 split between sports and traditional summer camp activities, an ideal balance with instructional programs created for levels ranging from complete beginner to more advanced levels. Campers also have the option to choose more of the activities they enjoy most while we will make sure that they will still get to try out and experience as many activities as possible.



DAILY SCHEDULE

8:00am - 8:30am	CAMPER DROP OFF & CAMPER ORIENTATION
08:30am - 09:15am	ACTIVITY PERIOD #1
09:15am - 10:00am	ACTIVITY PERIOD #2
10:00am - 10:15am	SNACK BREAK
10:15am - 11:00am	ACTIVITY PERIOD #3
11:00am - 11:45am	ACTIVITY PERIOD #4
11:45am - 12:00pm	MORNING CAMPER PICK-UP
11:45am - 12:30pm	LUNCH BREAK (full day campers)
12:00pm - 12:30pm	AFTERNOON CAMPER DROP-OFF & CAMPER ORIENTATION
12:30pm - 1:15pm	ACTIVITY PERIOD #5
1:15pm - 2:00pm	ACTIVITY PERIOD #6
2:00pm - 2:15pm	SNACK BREAK
2:15pm - 3:00pm	ACTIVITY PERIOD #3
3:00pm - 3:45pm	ACTIVITY PERIOD #4
3:45pm - 4:00pm	CAMPER PICK-UP
4:00pm - 6:00pm	AFTER CARE AVAILABLE UPON REQUEST



ACTIVITY STATIONS and EVENTS

SPORTS STATION

Tennis, Soccer, Basketball, Softball, Badminton, Pickleball, Volleyball, Table Tennis

TRADITIONAL CAMP ACTIVITIES

Field Games, Nature Walks, Archery, Fishing, Four Square, Kickball, Arts and Crafts, Talent Shows

WATER STATION

Supervised Pool Time, Slip and Slides, Water Balloons, Noodle Races, Liquid Limbo, Water Pinatas, Belly Flop Competitions

SCIENCE STATION

STEM Projects, LEGO Engineering, Science Experiments

REST STATION

Meditation Station, Picnic Area, Tents, Forts, Free Play

Each group will rotate between stations throughout the day and by the end of each week all groups of campers will go through all the stations at least once.

SPECIAL EVENTS

Camper birthdays can be arranged upon request. Each camp week will have a special theme day and a camp-wide talent show at the end of the day on Friday.

THEMES

Carnival Day, July 4th Americana, Medieval Times, Backwards Day, Camp Olympics, Treasure Hunt, Winter in July, Superhero Day, and more!



CAMP GUIDELINES

DROP-OFF & PICK-UP

All arrival and dismissal times are listed in the daily schedule, please do not arrive before your designated time slot since there will be no staff members available to greet you. **DO NOT LEAVE YOUR CHILD UNATTENDED**, please sign in with a staff member before leaving.

AFTERCARE

After care is available upon request (contact the camp director) on a daily or weekly basis. Campers who are not picked up on time will automatically join the aftercare program at a cost of \$20 per day.

WATER, FOOD, and ALLERGIES

Lunch is available for all campers at a cost of \$7 a day, you can download the weekly menus on the camp website. Snacks and drinks are also available for purchase at the camp site. All campers must bring a large water container of at least 32oz which they can refill throughout the day. Please make sure to let us know of any allergies or other medical conditions we should be aware of at the time of your registration.

MAKE UPS, CREDITS, and REFUNDS

The refund deadline for all camp registrations is May 1st, after which you will still have the option of rearranging your schedule and choose different weeks in case your summer plans change. A credit will be offered only if a camp day is completely cancelled or a doctor's note is provided for a camper's absence. In the event of another mandatory shutdown you will receive a full refund for the unused portion of your payment. The camp will run rain or shine.

CONTACT

All announcements will be made over email so please check your inbox regularly. If you have any questions, you can send us a message using the contact form at www.fireflycamps.com



CALENDAR

<u>Week 1:</u>	June 19 – June 23
<u>Week 2:</u>	June 26 – June 30
<u>Week 3:</u>	July 3 – July 7
<u>Week 4:</u>	July 10 – July 14
<u>Week 5:</u>	July 17 – July 21
<u>Week 6:</u>	July 24 – July 28
<u>Week 7:</u>	July 31 – Aug 4
<u>Week 8:</u>	Aug 7 – Aug 11
<u>Week 9:</u>	Aug 14 – Aug 18
<u>Week 10:</u>	Aug 21 – Aug 25
<u>Week 11:</u>	Aug 28 – Sep 1

WHAT TO BRING

- Refillable water container of at least 32 ounces
- Comfortable clothing, comfortable sneakers, a hat for sun protection
- Extra sunscreen (spray is best) to be used again throughout the day
- Bathing suit, beach towel, and flip flops
- A full change of clothes is always a good idea, especially for the youngest of our campers
- A great attitude and ready to have an amazing summer!



MEDICAL FORM

This form must be completed by a Medical Practitioner in order to participate in our camp.

Camper Name: _____ Last Exam Date: _____

Yes/No – May participate in all activities

Yes/No – May participate in all activities except for: _____

1. Is the camper taking prescription medication*? Yes No

If Yes, indicate prescription(s) _____

*please request and complete our Medication Administration Consent Form if medication is to be administered during camp hours

2. Does the camper have any known allergies? Yes No

If Yes, explain _____

3. Is the camper on a special diet? Yes No

If Yes, explain _____

4. Is there anything else we should know regarding the camper's physical, emotional, or mental health?

5. This camper is up to date on the following immunizations currently recommended by the American Academy of Pediatrics and National Advisory Committee on Immunization Practices:

Immunization	Yes	No
Measels		
Mumps		
Rubella		
Chickenpox		
Tetanus		

Immunization	Yes	No
Hepatitis B		
Diphtheria		
Pertussis		
Polio		

Medical Care Provider Information

Name (printed): _____ Phone: _____

Medical Care Provider Signature: _____ Date Signed _____