



# HOPEWELL VALLEY Swim Team 2024

## Practices

- **organized by age group**  
Swimmers' ages for the season determined by age on 6/1/24.
- **weekdays only:**  
June 10-14 (tentative), and from June 17 - July 21.
- **AM practice times:** will be in Parent Packet; may fluctuate depending on numbers; in 7:15-10:15 window
- **swimmers should arrive and depart practices on time, and should be prepared with:**
  - ✦ suit, cap, goggles
  - ✦ towel and water/sports drink
  - ✦ clothes and sneakers for dryland

## Meets

- **Dual Meets:** on 6 Tuesday and Thursday evenings 4:45 - 8:15.
- **1st Meet: likely June 20th.**  
Mandatory for ALL swimmers & at least 1 parent of each swimmer
- **Mini Meet: July 13th** (the only weekend event) mid-season meet for swimmers 10 & younger only
- **Championship Meet:** Monday and Tuesday July 22 & 23, during the day. Competition day and time dependent on age and gender. Schedule to be released.
- **Parents make meets possible!** All parents are required to sign up for 4 meet jobs each season.

## Who:

**Swimmers ages 4-18\* are welcome to participate!**

\*Swimmers 10 and younger must be able to independently complete one length of the pool, and must be familiar with freestyle; 11 and older must be able to independently complete two consecutive lengths of the pool, and must be familiar with freestyle and at least one other stroke.

## When:

**Practices and competitions take place weekdays from mid-June through about July 23rd** (dependent on participation in Championship Meet). See the left column for more info.

## Where:

**All practices are at Hopewell Tennis & Swim Center:**  
111 Titus Mill Road, Pennington, NJ 08534

**Dual Meets** usually alternate between taking place at our home pool and the nearby pools in our division.

**PASDA Championships** will be at Community Park Pool

## Important Information / Sign Up

**Registration:** is [linked here](#). Due June 1, or until the number of participants reaches maximum (whichever happens first).

**Parent Info Packet:** forthcoming, will be linked on website.

### Important Upcoming Dates:

- Parent Info Meeting: Friday, May 17 at 5:30 PM  
(A link will be sent via email to all registered to join virtually.)
- "Try-outs": 5/28 (weather date 5/31) time TBD, but will be in the afternoon. **REQUIRED** for NEW, NON-CLUB swimmers.
- Coach/Swimmer Meet & Greet: 6/8 (time TBD-afternoon)

See you at the pool!